

# WULF RECREATION CENTER Gymnasium Schedule

Schedule is also online at:  
[evergreenrecreation.com](http://evergreenrecreation.com)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Pickleball</b> (Adv/Upper Int) 8-9:45am (Mixed) 9:45-10:45am (Int/Novice) 10:45-12:30pm	<b>Drop-in Basketball</b> 6-8:45am	<b>Pickleball</b> (Int/Novice) 8-9:30am (Mixed) 9:30-10am (Adv/Upper Int) 10am-11:30am	<b>Pickleball</b> (Ladder) 8-9:45am <b>Pickleball</b> (Mixed) 9:45-10:45am (Int/Novice) 10:45am-1:15pm	<b>Drop-in Basketball</b> 6-9:30am	<b>Pickleball Class</b> 9-12:15pm	<b>Pickleball</b> (Int/Novice) 9-10:30am (Adv/Upper Int) 10:30-12pm
<b>Senior Volleyball</b> (East) 1-3pm	<b>Pickleball</b> (Adv/Upper Int) 9-11am (Int/Novice) 11am-1pm  <b>Drop-in Basketball</b> 1:30-4pm	<b>Senior Volleyball</b> (East) 12-2pm	<b>Drop-in Basketball</b> 1:30-4pm	<b>Pickleball</b> (Int/Novice) 10-12:30pm (Mixed) 12:30-1:30pm (Adv/Upper Int) 1:30-3:45pm	<b>Pickleball</b> (Int/Novice) 12:15-1:45pm (West) (Adv/Upper Int) 12:15-1:45pm (East)	<b>Drop-in Basketball</b> 12:15-1:15pm
<b>EPRD After Care</b> 4-5pm (West)	<b>EPRD After Care</b> 4-5pm (West)	<b>EPRD After Care</b> 4-5pm (West)	<b>EPRD After Care</b> 4-5pm (West)	<b>EPRD After Care</b> 4-5pm (West)		
<b>EPRD Youth Basketball Program</b> 4-7:30pm (East) 5-7:30pm (West)  <b>Adult Drop-in Basketball</b> 7:30-9pm	<b>EPRD Youth Basketball Program</b> 4-7:30pm (East) 5-7:30pm (West)  <b>Drop-in Basketball</b> 7:30-9pm	<b>EPRD Youth Basketball Program</b> 4-8:30pm (East) 5-8:30pm (West)	<b>EPRD Youth Basketball Program</b> 4-8:30pm (East) 5-8:30pm (West)	<b>Drop-in Basketball</b> 4-5pm (East)  <b>Drop-in COED Volleyball</b> 5:30-8pm	<b>Drop-in Basketball</b> 2-4pm	<b>Drop-in COED Volleyball</b> 1:30-4pm

Valid Jan 5 - March 20  
Updated 12/28/21  
\*Separate Schedule for Jan 17 and Feb 21

# Gymnasium Class & Program Descriptions

**EPRD Before/After (B/A) Care** - EPRD is committed to meeting your family's needs by offering quality professional school age childcare programs for ages 5-14 years old. Our programs are licensed by the State of Colorado and follow all school age childcare regulations. Youth are provided a safe place to participate in fun active & passive games, art and crafts, homework time, and Friday field trips.

**Drop-In Gym** - Open gym times may be canceled or modified due to EPRD programs or special events. Open play may be available at other times not listed if no activities are scheduled. **Always call ahead at 720-880-1200, as these hours are subject to change.** Facility admission is required for drop in gym participation. Organized team practices are not allowed during drop-in gym times.

**Sr Volleyball** - Join our group of active adults, ages 50 and up, as they participate in league play offered through the Colorado Senior Volleyball Association. Teams practice on Mondays in the Wulf Recreation Center gym, while games are played on Wednesday afternoons in Evergreen and various recreation centers throughout the Front Range. When leagues are not in session facility admission is required.

## Gym Usage/Rules

- **Food/Drink:** Water only is allowed in the gym. Food and other drinks must stay in the lobby area or outside. No exceptions please.
- **Bleachers:** Please make sure the bleachers are locked in place before use.
- **Basketball Hoops:** Hoops must be raised or lowered completely. The side hoops must be raised to 10 feet before raising to the ceiling. Please contact facility or athletic staff if you need help.
- **Ball Carts/Equipment:** Please make sure ball carts and equipment are returned to their proper location. During volleyball, the basketball cart should be moved into the storage room to avoid the temptation for kids to start bouncing the basketballs on the side.
- **No bikes, black-soled or marking shoes allowed in the gymnasium.**

Thanks for your help in keeping the facility clean and safe for everyone!



Wulf Recreation Center  
5300 S. Olive Road  
Evergreen, CO 80439

720.880.1200

[evergreenrecreation.com](http://evergreenrecreation.com)

Updated: 1/4/22

## Pickleball

### Levels of Play

- **Intermediate/Novice**- Mid-level and inexperienced players looking for recreational play.
- **Advanced/Upper Intermediate**- Experienced and skilled players looking for a higher level of competition.
- **Mixed**- Open to all levels. Transitional mixed times are intended for players to 'mix it up' with other skill levels to 'play up' and 'play down' to get to know each other and help develop better players at every level.
- Players may self-select the appropriate level of play. Please make sure that you choose the level that will best fit for you and others.

### Classes

- **Beginner**- For brand new players, learn strokes, rules and etiquette
- **Next Steps**- Continuation from Beginner class to learn actual game play and basic strategy. Designed to help players transition to the Intermediate/Novice group for drop-in play. **Not for brand new players.**
- **Skills & Drills**- For Intermediate (3.0-3.5) players to improve skills such as dinking, serving and returning, volleys, positioning and strategy. Class is focused on repetition and muscle memory. **Not for brand new players.**
- **Prior registration is required for all classes.** No drop-ins allowed.
- Balls are provided. Paddles may be available upon request. Classes are offered throughout the year, check the EPRD pickleball webpage.

### Guidelines for Play

Regular scoring is standard across the U.S.

- When there are 8 or fewer paddles down (people who are waiting) regular IFP scoring is used with 11 points winning (win by two).
- When there are more than 8 paddles down on the floor, scoring changes to 9 points (win by one).

Stacking of paddles is permissible and encouraged. However

- If there are less than four paddles in front of a stack, the number of paddles behind the stack needed to complete a foursome moves to the front and that group goes out on the court first.
- If there are not enough paddles down behind the stack, players coming off the floor will fill out that group.
- In the event that there is an empty court AND there are 3 or less single paddles followed by a stack of 4, AND the scores on the two occupied courts are 5-5 or less, the stack may take the free court first.
- This is a social group, so in the event of stacking, please allow others to rotate into your group.